

# CareATC Wellness Center

## Meet Your Health Care Team



### **Brittney Richardson, MD**

#### **Physician**

Dr. Brittney Richardson attended the University of Louisville School of Medicine where she also completed her residency in Family Medicine and a Primary Care Sports Medicine fellowship. She was named the Stephen F. Wheeler Intern of the Year and served as chief resident. Dr. Richardson provides medical care to the employees in the GE community, works to collaborate medically with the nurse practitioners in the office, and acts as an advocate for multidisciplinary healthcare. She enjoys spending as much time as possible with her wife, Kiara, and their daughters, attending sporting events, traveling, and hanging out with friends.



### **Julia Hall, APRN**

#### **Health Center Manager / Nurse Practitioner**

Julia (Julie) Hall, APRN received her Master of Science in Nursing at the University of Oklahoma and is a certified Family Nurse Practitioner by the American Association of Nurse Practitioners. Her passion as a healthcare provider is to help empower patients to take an active role in their health to improve overall health outcomes. Julie enjoys camping, boating, ATV trail riding, and spending time with her husband, family, and friends. She is a huge Buffalo Bill's fan and loves dogs, especially her two dogs, Bear and Sis.



### **Terry Humphries, APRN**

#### **Nurse Practitioner**

Terry Humphries is board certified by the American Academy of Nurse Practitioners as a Family Nurse Practitioner. She earned her Master of Science in Nursing, Family Practice from Indiana State University in Terre Haute, IN. She believes promoting wellness and personalized patient care will pave the road to better health. Terry enjoys spending time boating with her family and friends, gardening, and cheering on the Louisville Cardinals.



### **Amy Collier, LCSW**

#### **Behavioral Health Specialist**

Amy is a Licensed Clinical Social Worker (LCSW) in the state of Kentucky and has been working with individuals, children, and families for over 20 years to provide support, guidance, and resources to improve quality of life. Amy has experience in a variety of settings including home, school, community, and telehealth therapy services. "I help clients identify their needs to improve quality of life and help them access ways and means for accomplishing their goals." Amy stays busy with her family of four by attending the sporting events of her children and staying active in the community.



## Stephanie Medley, LCSW

### Behavioral Health Specialist

Stephanie is a Licensed Clinical Social Worker (LCSW) with the states of Kentucky and Indiana. Stephanie is a graduate of the University of Louisville with a Bachelor's degree in Psychology and a Master's degree in Social Work. She has practiced as a community advocate in social services for 20+ years and has been a practicing clinical therapist for 13 years. Stephanie has served a diverse population of individuals, families, and children throughout her career with a wide variety of life concerns including substance abuse, depression, anxiety, severe mental illness, and post-traumatic stress disorder (PTSD). Stephanie is a certified trainer of Mental Health First Aid. Stephanie has a passion for removing the stigma surrounding mental health and strengthening the belief in the importance of self-care. She believes therapy is a tool for individuals to use as a change agent to empower themselves. Stephanie was born and raised in Louisville, where she lives today with her family.



## Kristi Campanella, PT, DPT

### Virtual Physical Therapist

Kristi received her B.S. in Physical Therapy from the University of Tennessee, Health Science Center in 1993, her Master of Education from Colorado State University and her Doctor of Physical Therapy from University of Tennessee. She is a certified running, endurance and Ironman Coach as well as a Level 1 Precision Nutrition Coach. She has over 25 years of experience in physical therapy with a high concentration of time in outpatient Orthopedics and Home Health working with patients with musculoskeletal issues and chronic issues to help them return to sports and life. She enjoys traveling, good food, exercise, and being in nature. She lives with her husband and two dogs in Colorado.



## Heather Leger, RD

### Registered Dietitian

Heather holds a Master of Science in Health Promotion from the University of Kentucky. She also studied biology at Union College in her hometown of Barbourville, KY then attended Eastern Kentucky University where she studied nutrition and dietetics. Prior to becoming a Registered Dietitian, she completed her Dietetic Internship through Utah State University. She has diverse experience in the health and wellness arena which has helped her with employee wellness.



## Shelia Fuchs, MA

### Medical Assistant

Shelia Fuchs is a Medical Assistant with over 20 years of experience in the field. She graduated from Louisville College of Medical and Dental in 1986 as a Certified Medical Assistant. She is a trained phlebotomist and has experience working in a variety of medical fields. Her top priority is providing patients with quality care and ensuring that their health and wellness needs are being met when visiting the center. In her spare time, she enjoys crafting, watching football and basketball, and playing with her furbabies. Shelia is a mother of two sons and has several grandchildren.

## CareATC Wellness Center

AP4-100B Medical Center  
502.452.0777

Mon / Wed 5:30 am - 4 pm  
Tue / Thu 7 am - 5 pm  
Fri 8 am - 3 pm

**After Hours Care:**  
24/7/365 Telemedicine

### Three easy ways to schedule an appointment:

📞 502.452.0777    💻 [www.careatc.com/patients](http://www.careatc.com/patients)    📱 CareATC app

