

# Get in. *Get well.*

**Fast, free care now  
at Monogram!**



Monogram has teamed up with CareATC to bring a medical clinic right to you—just for Monogram employees and your covered family members. Get care fast, right near work.



**Free for PPO  
health plan members**



**Low cost for HSA  
plan members**

## What can they help with? A lot.

### Everyday care — no cost to you

- Colds, flu, sore throat
- Headaches and migraines
- Stomach issues
- Cuts, rashes, sprains

### Checkups and screenings

- Annual physicals
- Vaccines
- Women's and men's health
- Help with long-term health
- Diabetes
- High blood pressure or cholesterol
- Asthma or breathing issues
- Stress, anxiety, depression
- Weight management
- Thyroid problems

### Extras that make it easy

- 24/7 telehealth
- Virtual physical therapy
- Prescription refills
- Lab work (even if your doctor ordered it)
- Nutrition coaching
- Allergy shots

## Schedule Your Appointment:

📞 **731-244-2118**

📱 **CareATC app**  
Scan QR code  
to download



Located near the entrance  
of Monogram Building 1.

Tuesday: 8 am–4:30 pm  
Wednesday: 9:30 am–6 pm  
Thursday: 8am–4:30pm  
*\*Closed for lunch: 12–12:30*

*When families arrive, stay in your car  
and call CareATC to check in.*



**THE  
POWER  
TO BE WELL**