

Your health and wellness center offers the following benefits at no cost to you!

Available to all employees, spouses, and dependents (age 2 and up) who are on the health plan.

- **Completely confidential**
- **Minimal waiting room time**
- **Full service primary care**
- **On-site lab draws**
- **Personal Health Assessment (PHA)**
 - PHA blood draw to identify risk factors
 - CONFIDENTIAL PHA report mailed to your home
 - Friendly follow-up by phone for critical results
 - Digital results available through personalized PHA Live video in the CareATC Patient Portal or Mobile App
 - Physician follow-up in clinic

3 Ways to Schedule an Appointment

1. Call
800.993.8244

2. Go online

Visit careatc.com to login to your account. You can schedule an appointment online and also view your medical records.

3. Mobile App

Download the CareATC app. Login to your account to schedule an appointment. Also view your medical records.

Find your login information on the back of your PHA report or call the Patient Access Center at 800.993.8244 to request your user name and password.



Employee Health and Wellness Centers

Carrollton
(Opening July 16, 2018)
1735 Keller Springs Rd
Carrollton, TX 75006

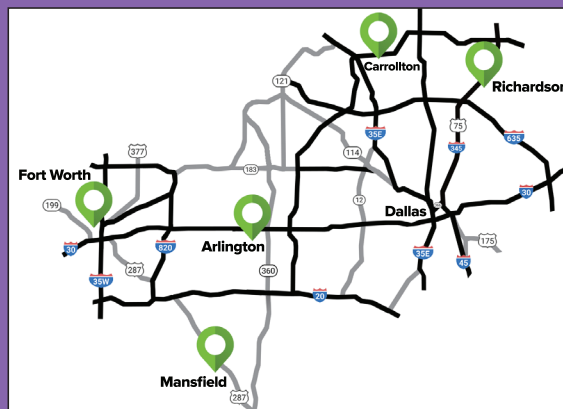
Arlington
3050 S Center St, Ste 130
Arlington, TX 76014
M/W/F/ 7-11AM, Noon-4PM
Tu/Th 8AM-Noon, 1PM-5PM
Sat 9AM-1PM

Mansfield
1770 E Broad St
Mansfield, TX 76063
M-F 8AM-5PM,
Closed Noon-1PM

Richardson
1060 W Campbell Rd, Ste 300
Richardson, TX 75080
M/F 8AM-Noon, 1PM-5PM
Tu/Th 7AM-5PM

Fort Worth
6618 Fossil Bluff Dr, Ste 132
Fort Worth, TX 76137
M-F 8AM-Noon, 1PM-5PM

***Irving Location
Coming Soon!***



Health Care that is Convenient for You



Helping to keep you and your family healthy





What can be treated?

- ✓ Adult Immunizations
- ✓ Allergies
- ✓ Asthma
- ✓ Cold and Flu
- ✓ Congestion
- ✓ Diabetes Management
- ✓ Headaches
- ✓ High Blood Pressure
- ✓ High Cholesterol
- ✓ Lab Work/Tests
- ✓ Minor Injuries
- ✓ PHAs
- ✓ Physicals
- ✓ Pink Eye
- ✓ Sick Visits
- ✓ Sports Physicals
- ✓ Tobacco Cessation
- ✓ Well Woman Exams

Schedule Your PHA Today!

(Personal Health Assessment)

1. How to log in:

Go to **careatc.com/patients**, scroll down to the section titled **Let's Get Where You Need to Go**, and click on **Schedule My PHA**. If you are a new user, log in using your name, date of birth and the last four digits of your Social Security Number.

2. How to complete your PHA questionnaire:

PHA Questionnaires will be pre-populated with personal information. Click next to answer the health questions. Please click **SAVE** at the end to submit your questionnaire.

3. How to schedule your PHA appointment:

Schedule a PHA Draw Appointment at an on-site event, clinic, or at your local LabCorp.

4. How to access your Patient Portal:

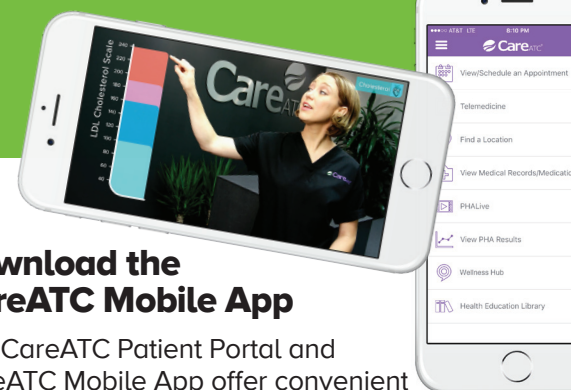
Please call the Patient Access Center at **800.993.8244** to request your temporary login and password. Once you login from a computer, you will be prompted to update your login information to your preference. Your temporary username and password will also come in the mail with your PHA report, after your PHA is complete.



Schedule an Appointment!

Log in at **careatc.com/patients** or call **800.993.8244**

Or use the CareATC mobile app! Search 'CareATC' in your Android or Apple app store. Download and log in using your patient portal username and password. Need help? Call 800.993.8244.



Download the CareATC Mobile App

The CareATC Patient Portal and CareATC Mobile App offer convenient access. Scan the QR code or search for CareATC in the app store.



Mobile App Key Features

- Make, view, or cancel appointments
- Refill prescriptions
- Find wellness centers near you
- View PHA results
- Access health education
- View medical records
- View provider bios
- Location-based check-in
- Message your provider